

FREQUENCY EXCHANGE ANNOUNCES APPOINTMENT OF FRIESEN TO BOARD OF DIRECTORS

For Immediate Release

Vancouver, British Columbia, Canada – September 22, 2026 – Frequency Exchange Corp. (TSXV: FREQ) (OTCQB: FRECF) (FSE: YC6) (“Frequency Exchange” or the “Company”) is pleased to announce the appointment of Mr. Dana Friesen to the Board of Directors.

Mr. Friesen is a seasoned entrepreneur, business strategist, and human-performance specialist with more than 25 years of public and private company experience spanning finance, strategy, operations, and commercialization. As founder and CEO of Summit Sciences, he has contributed to the acquisition, development, and successful exit of more than 65 companies, delivering billions of dollars in value to a client base that includes Fortune 500 corporations and major hospital systems. His research-based methodology provides a proven, defensible framework for translating complex science into scalable, commercially viable outcomes.

Mr. Friesen brings extensive Board and executive committee experience alongside deep scientific literacy, operational discipline, and transaction expertise — a combination that makes him a highly effective strategic resource for growth-stage public companies. His multidisciplinary background is directly aligned with Frequency Exchange Corp.'s commercialization strategy as the Company develops new market opportunities and builds its presence across the wellness, technology, and consumer sectors.



“I am truly excited to join the Board of Directors at Frequency Exchange Corp., which represents a compelling opportunity at the intersection of innovation, wellness, and practical science,” said Mr. Friesen. “I look forward to bringing my experience in business strategy, growth acceleration, and operational execution to bear for the long-term benefit of our shareholders and end users alike.”

“On behalf of the Board, I am delighted to welcome Mr. Friesen to the Company,” said Stephen Davis, Chairman and CEO. “Frequency Exchange is entering an important period of accelerated growth, with expansion into the UAE, access to more than 7,000 clinics across the United States, entry into the retail market, and the international release of a documentary featuring NIKKI all converging at the same time. As we move into this next phase of commercialization and global expansion, Dana’s experience and leadership will be an important addition to our Board. The timing of his appointment could not be better.”

About Frequency Exchange Corp.

Frequency Exchange Corp. (TSXV: FREQ | OTC: FRECF | FSE: YC6) is a technology company building the next generation of wearable digital wellness solutions through its flagship platform, NIKKI. Unlike traditional wearable devices that primarily monitor health metrics, NIKKI delivers personalized frequency-based wellness programs designed to support sleep, stress, recovery, energy and overall wellbeing. Originally developed through research supporting individuals living with Lyme disease, NIKKI has evolved into a scalable wearable digital wellness platform addressing some of today's largest global health challenges.

For additional information, visit www.frequencyexchangeCorp.com or www.wearenikki.com.

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Forward-Looking Information

This news release contains forward-looking statements within the meaning of applicable securities laws. These statements reflect the Company's current expectations and are subject to a number of risks and uncertainties that could cause actual results to differ materially. Readers are cautioned not to place undue reliance on forward-looking statements.

Additional information identifying risks and uncertainties is contained in filings by the Company with the Canadian securities regulators, which filings are available under the Company's profile on SEDAR+ at: www.sedarplus.ca.

Neither the Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Exchange) accepts responsibility for the adequacy or accuracy of this release.

Regulatory Approval Disclaimer

The appointment of Dana Friesen to the Board of Directors of Frequency Exchange Corp. is subject to approval by the TSX Venture Exchange. The Company has submitted the required filings in accordance with TSXV Policy 3.1 and applicable securities laws. There can be no assurance that the TSX Venture Exchange will approve the appointment as proposed.