

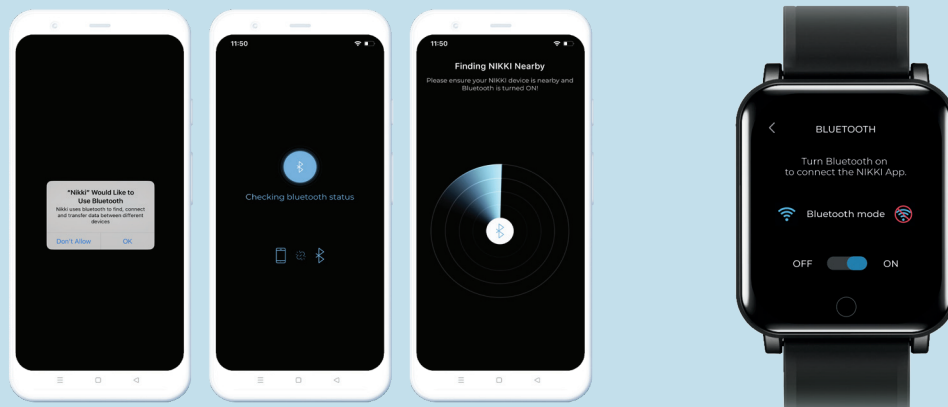
“NIKKI CONNECT” APP CAN TURN OFF YOUR BLUETOOTH

For Immediate Release

VANCOUVER, BRITISH COLUMBIA – May 23, 2023 – Frequency Exchange Corp. (“Frequency Exchange” or the “Company”) (TSX: FREQ) is pleased to announce that its wholly-owned subsidiary, FREmedica Technologies Inc. (“FREmedica”), has successfully launched its new App “**NIKKI CONNECT**” to be registered with both the iOS App Store and Android Play Store. The app will allow NIKKI owners to update their own devices and frequency sets. One of the features exclusive to NIKKI is the ability to download the frequencies and then turn off the Bluetooth. This is a key feature that other products don’t have.

People with Lyme disease along with others who have chronic illnesses can’t wear devices that have Bluetooth. Early user feedback has been very positive on the effect the frequency sets are having on stress, fatigue, pain and sleep to name a few big wins for NIKKI owners. These early adopters are very happy that they can now turn off Bluetooth which helps them stay healthy.

“The App is a critical piece of software that allows NIKKI owners access to the Platinum Set of frequencies and allows critical firmware updates when required,” **says Stephen Davis, Chairman of Frequency Exchange Corp.** “The App also allows NIKKI owners to receive new frequency updates along with exclusive access to new frequency set providers. **One of our new features allows you to download your frequencies onto the device then turn off your Bluetooth.**”



Bluetooth is a wireless communication technology that uses RF radiation to transmit data between devices over short distances. It operates in the 2.4 GHz frequency band and has a range of up to 100 meters (328 feet) depending on the specific Bluetooth version and device class. The power output of Bluetooth devices typically ranges from 1 milliwatt (mW) to 100 mW.

Bluetooth can have an effect on the following aspects of your health. Below are a few examples:

1. Cellular Communication
2. Muscle Function
3. Nervous System
4. Cardiovascular
5. Hormone secretion
6. Oxidative stress & inflammation
7. Immune system response

Nicole Sullivan, President of FREmedica states “it is our goal to help people achieve and maintain good health. Being able to turn off Bluetooth is very important to people struggling with chronic illness. We will continue to provide frequency sets that help overcome wellness issues and increase performance.”

“NIKKI is a first-of-its-kind wearable frequency delivery system. A wellness centre on your wrist that delivers frequency sets on demand into the body designed for wellness and performance enhancement. With the new App “**NIKKI CONNECT**” owners will be able to update their NIKKI with new frequency sets as they are released and then turn off the Bluetooth.

Download “**NIKKI CONNECT**” App and receive the **Platinum Frequency Sets at no charge** for the life of your NIKKI. You will also note you can turn your Bluetooth OFF while playing your frequency sets. This is just one more way we are helping you to stay healthy,” **says Mrs. Sullivan.**

About the Company

Based in British Columbia, Canada, FREmedica is focused on the development and global commercialization of a wearable Frequency Delivery System providing specialized programs designed for health and wellness as well as performance enhancement. NIKKI is the fifth-generation Frequency Delivery System released by the Company, initially to help clients with chronic Lyme disease. This wearable frequency technology is the product of years of research and development applying the latest in bioenergetic science.

www.WeAreNikki.com
www.Fremedica.com
www.FrequencyExchangeCorp.com

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Certain information contained herein constitutes “forward-looking information” under Canadian securities legislation. Forward-looking information includes, but is not limited to, statements with respect to the trading date of the Company’s common shares on the Exchange. Generally, forward-looking information can be identified by the use of forward-looking terminology such as “will” or variations of such words and phrases or statements that certain actions, events or results “will” occur. Forward-looking statements are based on the opinions and estimates of management as of the date such statements are made, and they are subject to known and unknown risks, uncertainties and other factors that may cause the actual results to be materially different from those expressed or implied by such forward-looking statements or forward-looking information. There can be no assurance that such statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Readers should not place undue reliance on forward-looking statements and forward-looking information. The Company will not update any forward-looking statements or forward-looking information that are incorporated by reference herein, except as required by applicable securities laws.

Additional information identifying risks and uncertainties is contained in filings by the Company with the Canadian securities regulators, which filings are available under the Company’s profile on SEDAR at www.sedar.com.

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