



NIKKI EARNS ACCLAIM FROM EARLY ADOPTERS

For Immediate Release

VANCOUVER, BRITISH COLUMBIA – February 23, 2023 – Frequency Exchange Corp. (“Frequency Exchange” or the “Company”) (TSXV: FREQ) is pleased to announce that its wholly-owned subsidiary, FREmedica Technologies Inc. (“FREmedica”), has shipped the first 536 NIKKI wearables. This includes 200 sent to our early adopters/beta group which is already providing highly positive feedback. Early adopters of the breakthrough technology are describing life-changing results. We are also receiving insights and suggestions on how to improve the NIKKI experience going forward.

The very positive results of our ‘Quality of Life’ trial set the stage for the launch of NIKKI and the opportunity to help millions of people who are struggling with issues related to sleep, pain & inflammation, lack of energy, stress & anxiety and a combination of all the above.

“NIKKI is a wearable, first-of-its-kind frequency delivery system. A wellness centre on your wrist that delivers frequency programs into the body to optimize wellness and improve performance.” FREmedica President Nicole Sullivan says “we are excited about the stories coming in.”

See what NIKKI owners are saying about their NIKKI and the results they are getting:

“I have had my NIKKI for two weeks and really like it. I use the Night-Time program and see improvements to my sleep quality (REM and length). The Allergy program also works extremely well for me. I have been tracking my wellness for years, so it’s been easy to spot the benefits since I can compare my before and after.” - Erin M.

“I have mainly used NIKKI for sleep but my wife has used it quite a bit for an Immune Boost, and she is certain that it has helped her stay healthier. It is an excellent product and worth the money even just for better sleep!” - John H.

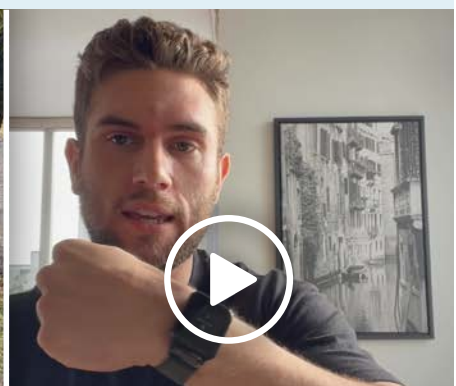
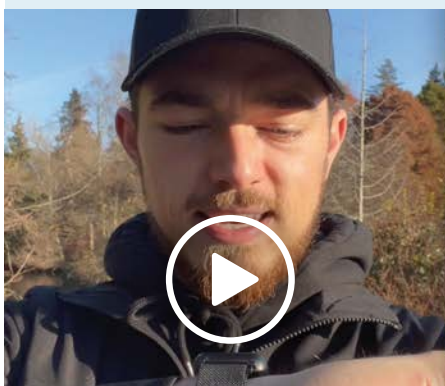
“I use the Energy Boost program when I go to the gym. I find it helps to increase the energy for my workout.” - Amanda K.

“The NIKKI has helped us with our sleep. We are so grateful.” - John E.

“My wife started wearing two NIKKI’s, one for Pain Relief and the other for Stress + Anxiety. She swears doing this has been extremely beneficial.” - Mark & Jeanne A.

“NIKKI is extremely convenient and user friendly. The sleep package allows me to get into a deeper sleep and fall asleep immediately.” - Dr. Keith P.

“Wearing it and changing frequencies is simple and leaves what I wanted to work on up to me.” - David K.





"We got the NIKKI because we used the WAVE 1 for Lyme and that worked so well we thought we would try this as well. The Stress + Anxiety program is awesome; it works quickly in taking my stress and anxiety away." - Chrystal G.

"NIKKI has been the only solution for my chronic cough. I couldn't be happier!" - Stasi E.

"I am wearing my NIKKI daily. I've come to love the Stress + Anxiety, Night Time, and Sleep programs. I am so glad I was introduced to NIKKI and will purchase even more as presents for the rest of my family. The BEST gift you can give." - Gabriela S.

"I think the more consistently you use the programs the better the benefits. If you compare when you first start with the results three weeks later, that's when you'll notice the programs increased effectiveness." - Patrick C.

About the Company

Based in British Columbia, Canada, FREmedica is focused on the development and global commercialization of a wearable Frequency Delivery System providing specialized programs designed for health and wellness as well as performance enhancement. NIKKI is the fifth-generation Frequency Delivery System released by the Company, initially to help clients with chronic Lyme disease. This wearable frequency technology is the product of years of research and development applying the latest in bioenergetic science.

www.WeAreNikki.com
www.FRemedica.com
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Additional information identifying risks and uncertainties is contained in filings by the Company with the Canadian securities regulators, which filings are available under the Company's profile on SEDAR at www.sedar.com.

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