

FREQUENCY EXCHANGE CORP.

FOR IMMEDIATE RELEASE

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FREQUENCY EXCHANGE CORP ENGAGES GLOBALLY RENOWNED FREQUENCY DOCTOR TEAM

VANCOUVER, BRITISH COLUMBIA – July 26, 2022 – Frequency Exchange Corp. (the “Company”) (TSXV: **FREQ**) is pleased to announce that its wholly-owned subsidiary, FREmedica Technologies Inc. (“FREmedica”), has engaged Robert Cass, N.D., Leigh Erin Connealy, M.D. and Christine Schaffner, N.D. as members of an advisory group supporting the Company’s wellness and performance enhancement technology, the “NIKKI” and the “WAVE 1” which is used to help people who are struggling with Lyme disease. Scott Forsgren, FDN-P also joins the team as a health coach, Lyme advocate, and host of the “BetterHealthGuy” podcast.

The Advisory Group has been assembled based on their skill sets and ability to advise management in the field of frequency wellness and performance.

In making the announcement, Frequency Exchange Corp., CEO Stephen Davis observed that “bringing the inspiration and experience of these frequency wellness and performance pioneers to our team will further speed our progress in overcoming the fastest growing tick-borne disease along with enhancing our wellness and performance.”

Robert Cass, N.D. is a master formulator and has been in practice for more than 45 years. Dr. Cass is a sought-after international teacher, author, alchemist, and clinician. Dr. Cass will introduce the NIKKI and share trial results with over 20,000 frequency- based practitioners. Dr. Cass was instrumental in bringing frequency knowledge into this community of Practitioners that are dedicated to frequency healing.

Leigh Erin Connealy, M.D. will bring FREmedica modalities to a clinic that sees over 1,000 Chronic illness patients each week. Dr. Connealy’s experience with the WAVE 1 has delivered profound results for her patients. Dr. Connealy reaches over 400,000 people that follow her podcast.

Christine Schaffner, N.D. has a clinic dedicated in helping patients overcome Lyme and other chronic illness as well as a variety of other health and wellness issues. Dr. Schaffner’s knowledge in the use of frequencies for wellness and performance enhancement will help us further define and build our market. Dr. Schaffner reaches over 100,000 frequency literate people that follow her podcast.

Scott Forsgren, FDN-P is a Lyme survivor whose popular podcast focuses on Lyme disease and the myriad of factors associated with Lyme disease. Scott has been and will continue to be instrumental in introducing FREmedica to the World.

We would also like to thank Mary-Lynn Bellamy-Willms for the work she has done in helping the Company establish a strong foundation for growth over the past year. Mary-Lynn will shift her part-time role from Interim-President back to a consultant role with the Company. Mary-Lynn will work with the Executive team of FREmedica as we hire a fulltime President and finish the product trials around pain relief, stress & anxiety, sleep and Lyme disease, that will be run with the "NIKKI". These trials have varying timelines, anywhere from 1 week to 120 days. Results of our first Proof of Concept trial that was run in California will be released in August 2022.

The FREmedica team is excited by the advances it is making with the new "NIKKI" program and will be releasing more details closer to our launch date.

About Frequency Exchange Corp.

The Company is a British Columbia-based company focused on the development and commercialization of a frequency emitter that delivers a special package of frequencies designed for the health and wellness market, specifically to target Lyme disease along with a variety of other wellness issues within North America. The "NIKKI" is the fifth generation frequency emitter released by the Company. It is the third wearable technology designed by the Company, specifically to deliver frequencies to help clients with chronic Lyme disease. The technology combined with the frequencies is the result of years of development and experimentation with the latest in bioenergetic technology.

For more information, please contact:

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